



Carn to Coast
HEALTH CENTRES

Weight Loss Injections (*Including Tirzepatide and Semaglutide*)

Patient Information Update - July 2025

We are receiving enquiries about weight loss injections such as **tirzepatide** (e.g. *Mounjaro*) and **semaglutide** (e.g. *Wegovy* or *Ozempic*). We understand there's a lot of interest and want to keep you up to date.

NHS Commissioned Service

NHS Cornwall and Isles of Scilly have now commissioned a limited specialist weight management service for a small number of patients who qualify under the below strict criteria:-

Patients must have a body mass index (BMI) of 40 or more*

AND 4 out of 5 of the following weight related conditions:

- *Type 2 diabetes*
- *High blood pressure*
- *Heart disease*
- *Obstructive sleep apnoea*
- *Abnormal blood fats*

** you can calculate your own BMI using an online calculator by searching for "NHS BMI Calculator" or go to the following web address: <https://www.nhs.uk/health-assessment-tools/calculate-your-body-mass-index/>*

Eligible Patients

In our practice the above criteria are only met by 31 patients whom we are actively contacting to offer the service and the associated essential healthcare monitoring that accompanies this course of treatment.

We are not able to prescribe these medications for our remaining patients. Our local NHS commissioners have advised us that we must only prescribe under the specialist weight management service described above.

You can read the relevant guidance on the official NHS website by searching "NHS Obesity treatment" or go to the following web address:

<https://www.nhs.uk/conditions/obesity/treatment/>

See overleaf for info on private providers>>>

Private Providers

Some patients may choose to access weight loss injections through private providers. If you do go down this route, please be aware:

- We are **unable to offer clinical advice** on whether privately prescribed weight loss injections are safe or suitable for you.
- We also **cannot carry out blood tests** that private providers may request as part of their monitoring process.
- Prescribing responsibility rests solely with the private provider.

We *can*, with your consent, provide a summary of your medical history and current medications to share with your private provider if needed.

If a private provider contacts us and it appears that the information they've been given does not match your NHS medical record, we may contact you for clarification and inform the provider that the information differs. We will **not** share confidential details—only that the information does not align and should be reviewed.

Policy Review

We will, of course, **revise this information if the formal NHS weight management service is expanded further**.

Thank you for your understanding and for working with us to ensure safe, coordinated care.

July 2025